

Program Components Overview

		CHARACTERISTICS OF SKATING SKILLS	CHARACTERISTICS OF TECHNICAL TRANSITIONS	CHARACTERISTICS OF PERFORMANCE/EXECUTION	CHARACTERISTICS OF CHOREOGRAPHY/ COMPOSITION	CHARACTERISTICS OF INTERPRETATION/TIMING
Mark		<ul style="list-style-type: none"> • Balance and rhythmic knee action and precision of foot placement • Flow and effortless glide • Cleanness and sureness of deep edges, steps and turns • Power/energy and acceleration • Mastery of multi directional skating • Mastery of one foot skating • Pair Skating and Ice Dancing – equal mastery of technique by both partners shown in unison • Ice Dancing – compulsory dance – ice coverage 	<ul style="list-style-type: none"> • Variety • Difficulty • Intricacy • Quality (including unison in Pair Skating and Ice Dancing) • Balance of workload between partner (Pair Skating and Ice Dancing) • Variety of Dance holds (not excessive side by side and hand in hand – Ice Dancing) 	<ul style="list-style-type: none"> • Physical, emotion, and intellectual involvement • Carriage • Style and individuality/personality • Clarity of movement • Variety and contrast • Projection • Unison and “oneness” (Pair Skating and Ice Dancing) • Balance in performance (Pair skating and Ice Dancing) • Spatial awareness between partners – management of the distance between partners and management of changes of hold (Pair skating and Ice Dancing) 	<ul style="list-style-type: none"> • Purpose (idea, concept, vision) • Proportion (equal weight of parts) • Unity (purposeful threading) • Utilization of personal and public space • Pattern and ice coverage • Phrasing and form (movements and parts structured to match the phrasing of the music) • Originality of purpose, movement and design • Shared responsibility of achieving purpose (Pair Skating and Ice Dancing) 	<ul style="list-style-type: none"> • Effortless movement in time to the music (timing) • Expression of the music’s style, character and rhythm • Use of finesse to reflect the nuances of the music • Relationship between the partners reflecting the character of the music (Pair Skating and Ice Dancing) • Appropriateness of music (Original Dance and Free Dance) • Skating primarily to the rhythmic beat (Free Dance)
Outstanding	10					
Superior	9					
Very Good	8	Approximately 75%				
Good	7					
Above Average	6					
Average	5	Approximately 50%				
Fair	4					
Weak	3	Approximately 25%				
Poor	2					
Very Poor	1					